The Cuff Kit®
Distribution Best Practices

1

- **Determine** the patients need and eligibility to receive a Cuff Kit®.
- **Document** The Cuff Kit® issue date in the patient's EMR if needed.



2

- Remove the Track monitor from the box and insert the batteries.
- Optional - Have patient download the MyVitals app, create an account and connect the Track device.

iHealth

3

- **Review** the entire contents of the Education envelope with the patient.








4

- **Demonstrate** the proper method for taking a blood pressure using the Track BP device.
- **Document** results on the Check * Know * Share log
- Optional - Transfer BP readings to MyVitals app.

5

- **Document** the training (CPT code 99473) in the patient's EMR, if applicable.

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